

**ENGINEERING PRACTICES**  
**IN SUPPORT OF MEDICINE**

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**NON DESTRUCTIVE – NON INVASIVE  
METHOD FOR TESTING  
BONE STRUCTURAL INTEGRITY**

NON DESTRUCTIVE TESTING

Used for Control of Structural Integrity

Fundamental for:

proper function

preventive damage diagnosis

# **BONE QUALITY MONITORING METHODS**

Needed for monitoring of:

metabolic bone diseases (osteoporosis, etc.)

bone fracture healing

# **Osteoporosis evaluation**

mainly based on measurements of  
Bone Mineral Density (BMD)

# EXISTING CONVENTIONAL TECHNIQUES

DEXA

QCT

pDEXA

RA (Radiographic absorptiometry)

QUS (Quantitative Ultrasound)

pQCT

RAMAN SPECTROSCOPY

HISTOMORPHOMETRY

BIOCHEMICAL MARKERS OF BONE

METABOLISM

**All methods have Disadvantages related to:**

**Accuracy**

**Precision**

**Subjectivity**

**High Cost**

**Invasiveness**

**Portability**

# NEW METHOD BASED ON

## DAMPING

(1784) Coulomb (*Memoir on Torsion*)

Described experiments where damping in torsional vibrations is due to material defects

# DAMPING

Natural property of material and system

Takes values between (0-1)

Accounts for structure changes (porosity, cracks)

Expresses the defective percentage of the structure

Can be used as index of  
structural integrity  
bone quality



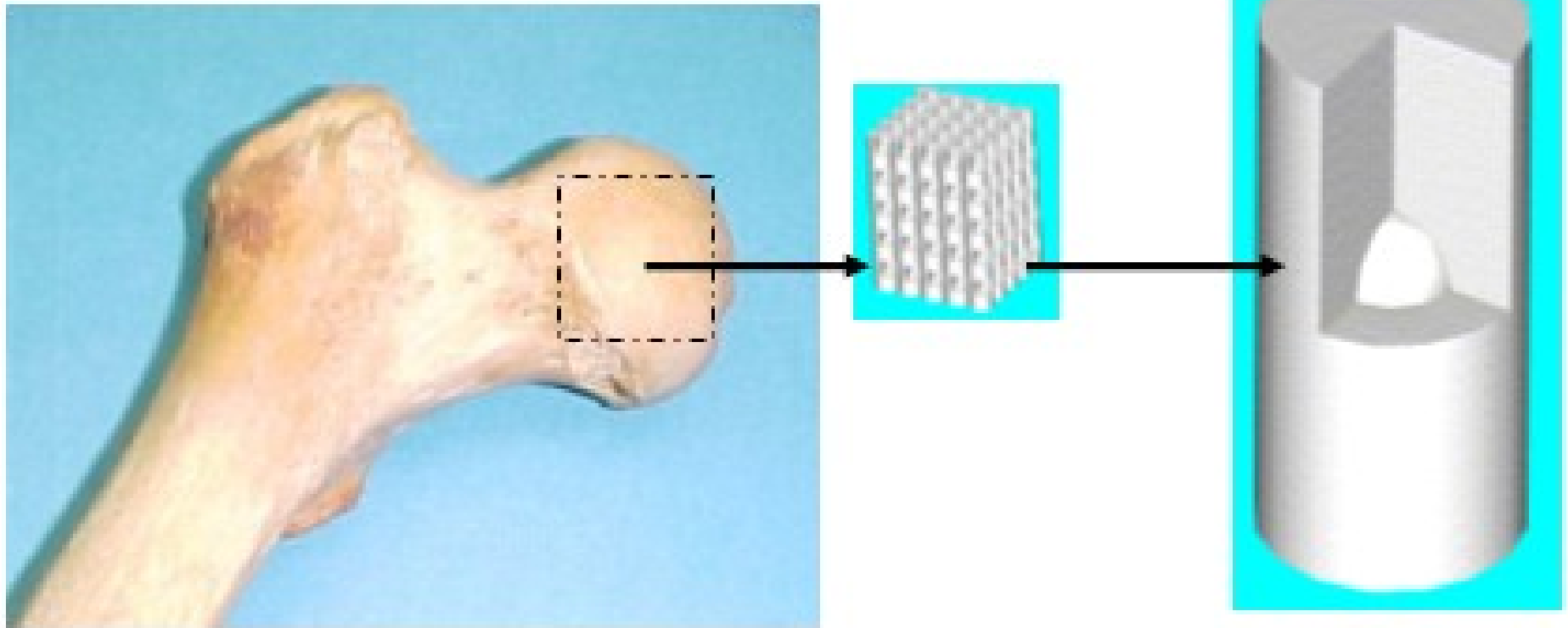
# **ANALYTICAL PROCEDURE**

Developed analytical - arithmetic model  
quantifying damping – porosity percentage

Damping change accounts for changes in porosity of  
the structure (bone)

# Modeling of bone structure

## Problem of material with cavities or inclusions

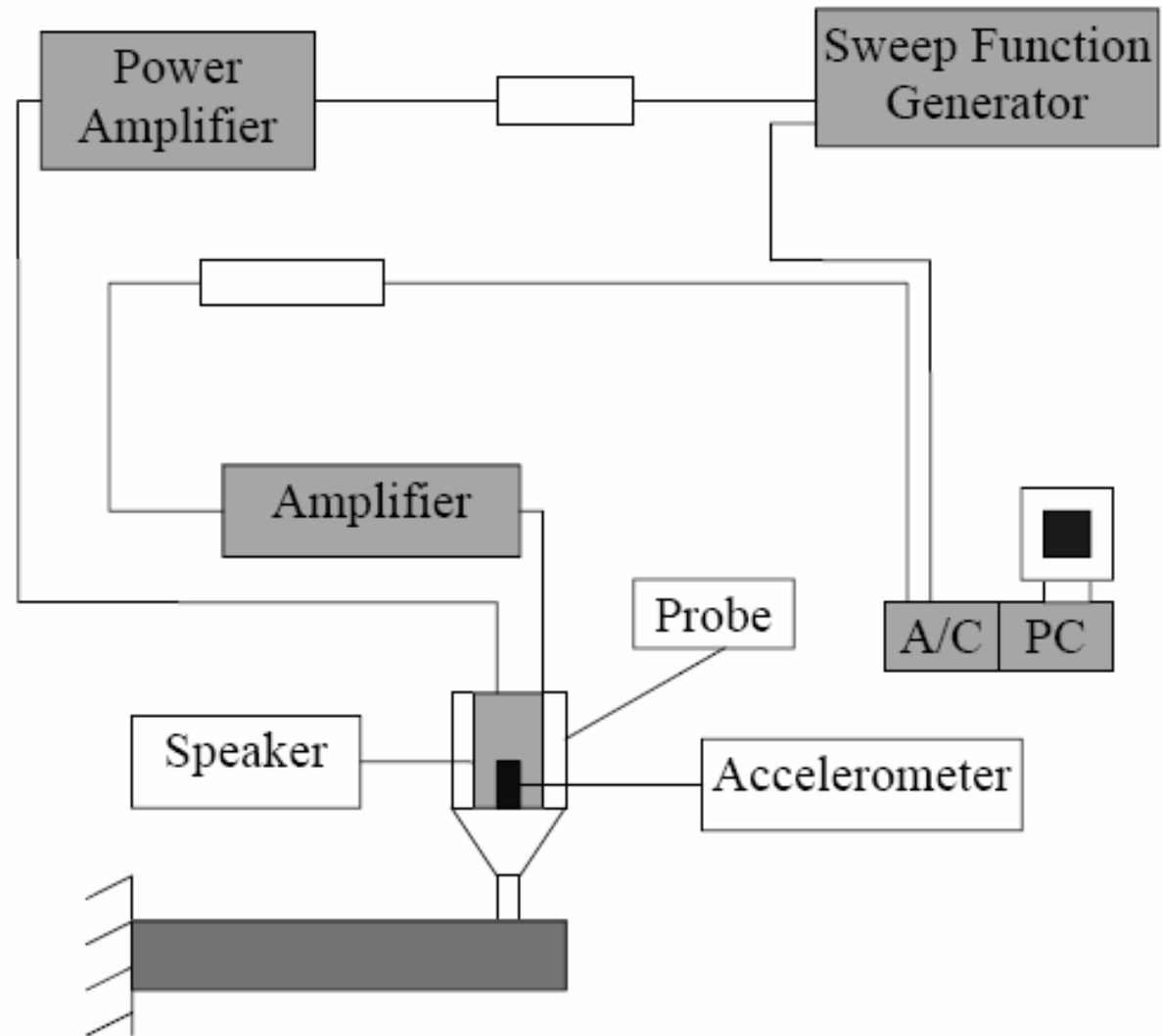


# **TECHNIQUES FOR DAMPING MEASUREMENT**

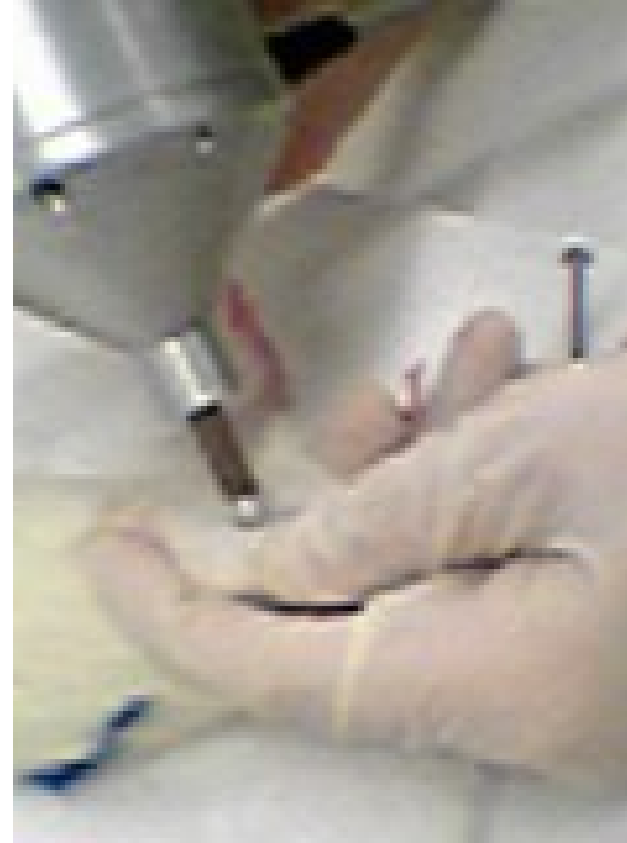
**LOGARITHMIC DECREMENT**

**HALF POWER BANDWIDTH**

# Experimental Setup for Damping Measurement



# Measurement of Damping



# MEASUREMENTS PERFORMED ON RATS - WOMEN

## Methods

DEXA

pQCT

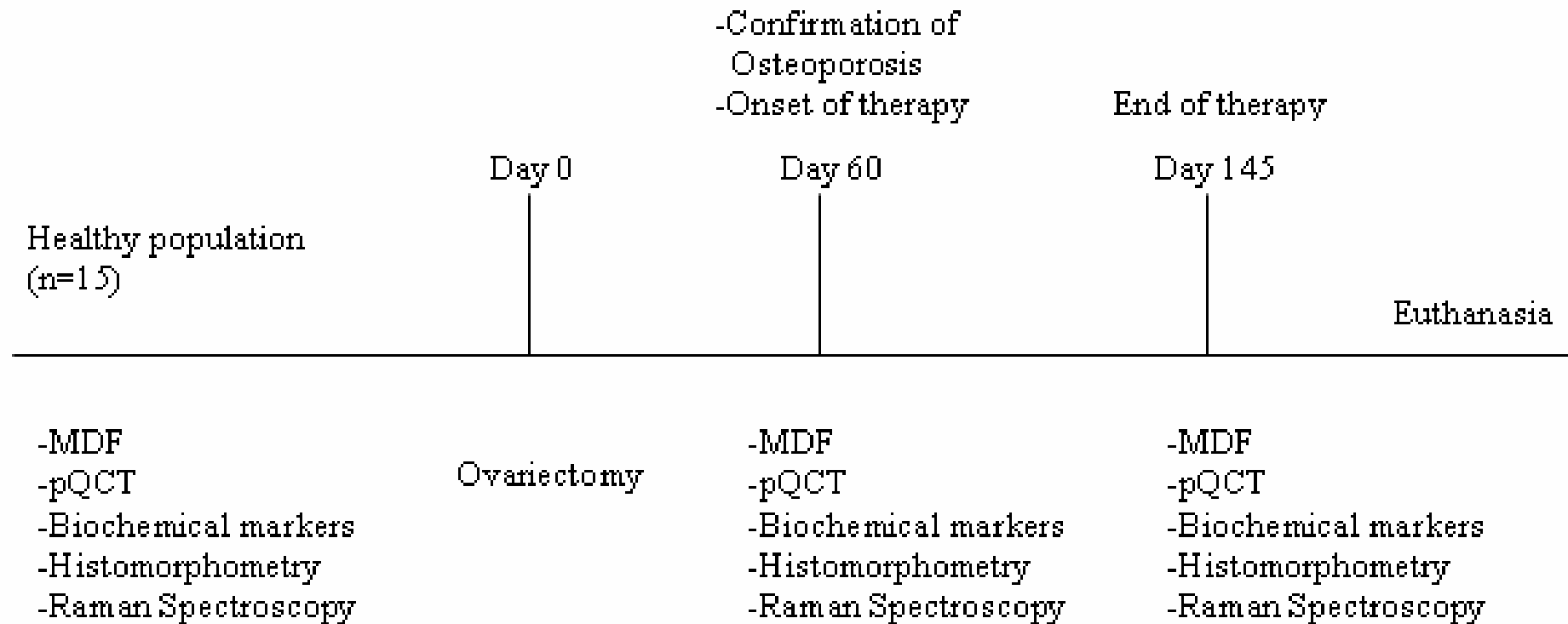
Raman Spectroscopy

Histomorphometry

Biochemical markers

Modal Damping Factor (MDF)

## Experimental Protocol on Rats





**Bone densitometry with pQCT**



# Measurements in Women

## Bone Density measurements with pQCT

50 women age 38-80 years

Testing on right tibia with pQCT

Transverse sweeping (4%, 14 %, 38%, 66% of tibiae length)

Section distant 4% from knee (for calculation of trabecular bone density)

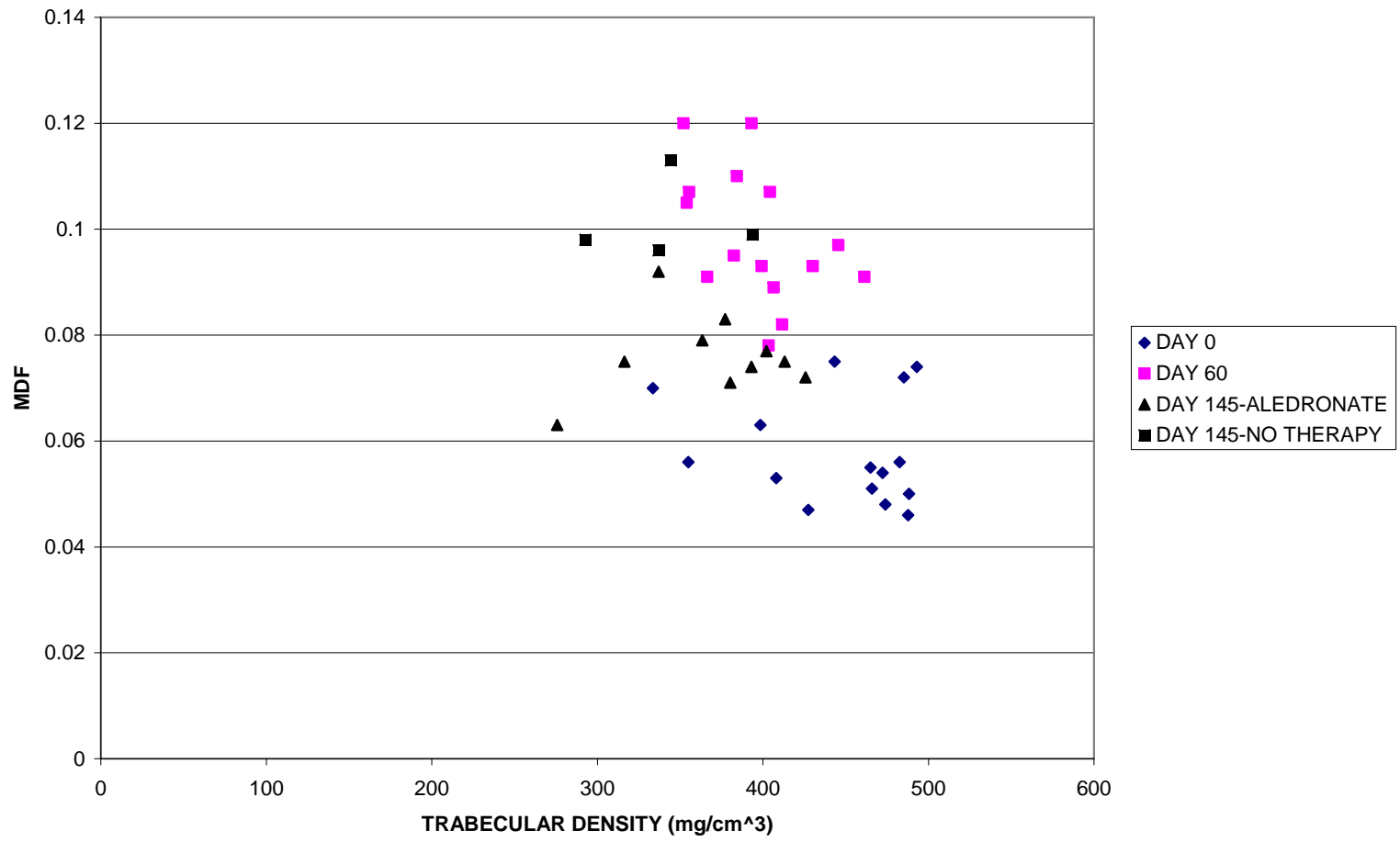
Sections distant 14% and 38% (for calculation of cortical bone density)

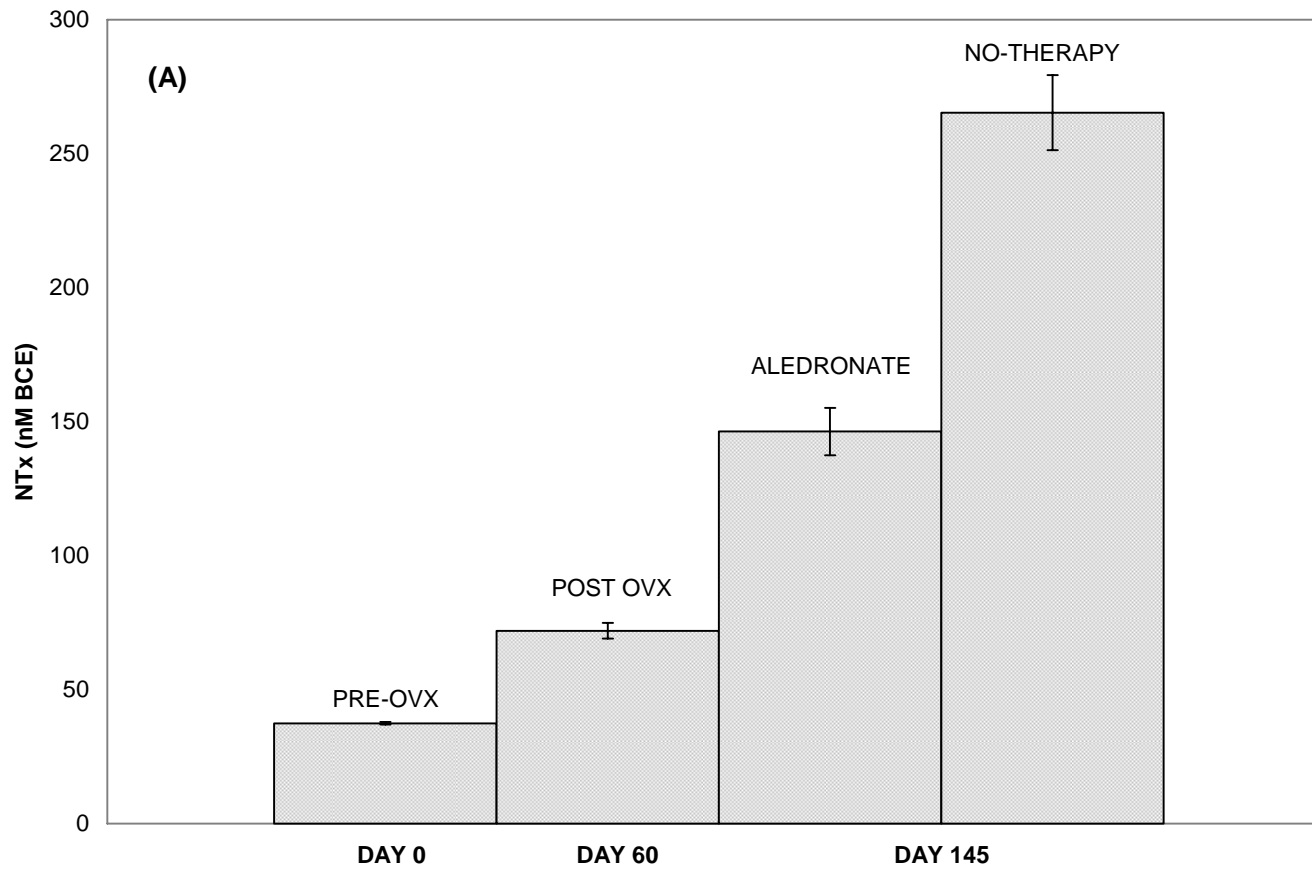
Section distant 66% of tibia length

Information for calculation of properties of the system bone-muscles

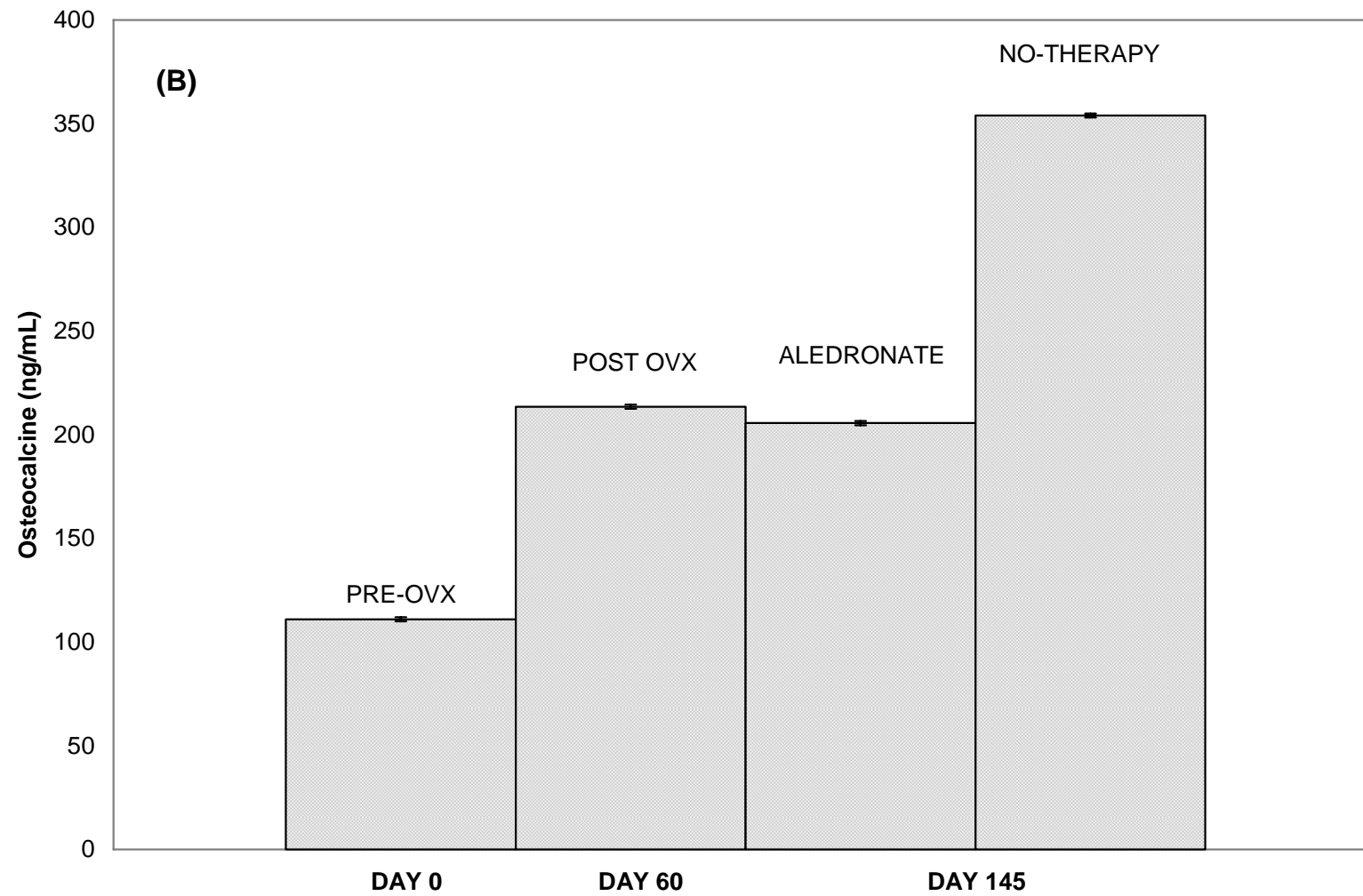


### MDF-TRABECULAR DENSITY





NTx levels (all groups)



**Osteocalcine levels (all groups)**

## CONCLUSIONS FROM MEASUREMENTS

Measurements on rats-women with:

MDF

Bone density (pQCT –DEXA)

Biochemical Markers

Raman Spectroscopy

Histomorphometry

Methods selected because:

are the most applied in clinical practice for osteoporosis  
diagnosis (pQCT, DEXA)

as means for certification of bone metabolism  
architectural bone structure of animals

(Biochemical Markers

Raman Spectroscopy

Histomorphometry )

## Assessment of bone quality with MDF

Follows all changes with conventional methods

Sensitivity usually higher than conventional methods

MDF change between healthy-osteoporotic population = 66%

MDF change between  
osteoporotic population - population after therapy = 18,8%

pQCT changes (same phases) 23 % and 1% respectively

Discrepancy supports improved sensitivity of MDF method

# CONCLUSION

MDF - Modal Damping Factor

New

Non invasive

Short duration

Low cost

Easy in Use

Portable

More sensitive than all conventional methods

Objective

Method for assessment of Bone Quality



# **Monitoring of Damping for the Assessment of Mandible Bone Quality**

To facilitate decision about dental implant  
placement

# Bone density: estimator of bone quality

## Evaluation Methods for Mandibular Bone Density:

- Histomorphometry on biopsy samples
- Empiric topographic methods combining anthropometric data and simple panoramic radiographs
- Torque resistance measurements during implant insertion
- X-ray absorption methods

Golden standard for bone density measurements:

## **Histological and Morphometric measurement**

Invasive and deleterious method

Small biopsy specimens are harvested from patient's jaws immediately before implant placement

# Empiric method

## Advantages:

Easy and inexpensive method

## Disadvantages:

Low Precision

High Subjectivity

Poor Comparability

Low Reliability

Cannot discriminate between osseous sites at the same individual

## Result:

restricted capability of secure assessment of bone quality

# **Insertion torque measurements**

are not a true bone density evaluator

Implant parameters

(design characteristics - insertion technique features)

co-influence actual measurements

# X-ray absorption methods

Computed Tomography (CT)

Panoramic

Periapical

Cone beam CT

Dual Energy X-ray Absorptiometry (DEXA) (only for research purposes and only in the mandible)

Estimation of radiographic density allows for:

site specific presurgical evaluation of bone density

selection of the most suitable implant placement

Disadvantages:

high irradiation dose

accuracy affected by the fat content of the soft tissue

discrimination between cortical and trabecular bone impossible due to superposition

Clinical - research interest in the preoperative planning  
of implant placement:

non-invasive

non-irradiating

non-destructive

more reliable

low cost

assessing bone structural integrity

assessing effect of therapeutic treatment

non invasively

Development of non invasive technique for objective assessment of **mandible** bone quality

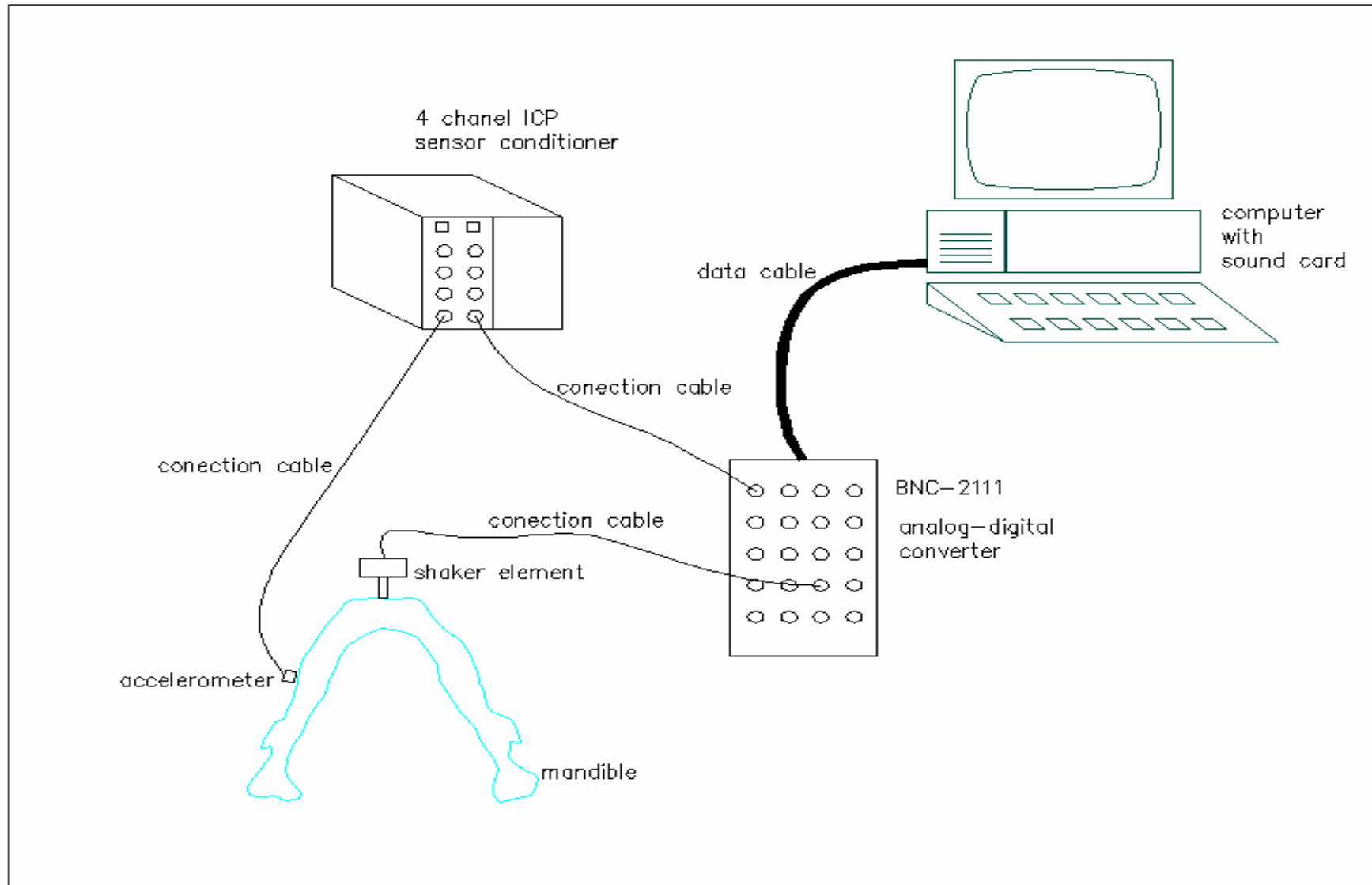
Technique is experimentally applied on cadaveric human mandibles



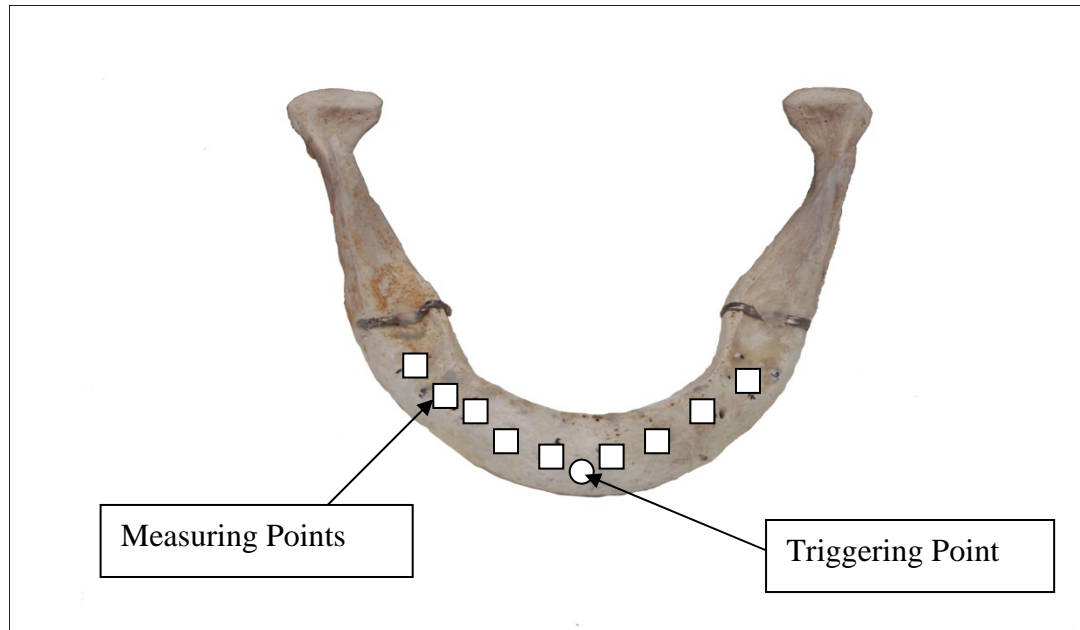
# **EXPERIMENTAL WORK**

Ten cadaveric human mandibles, were used for in vitro measurements of mandible quality with two methods:

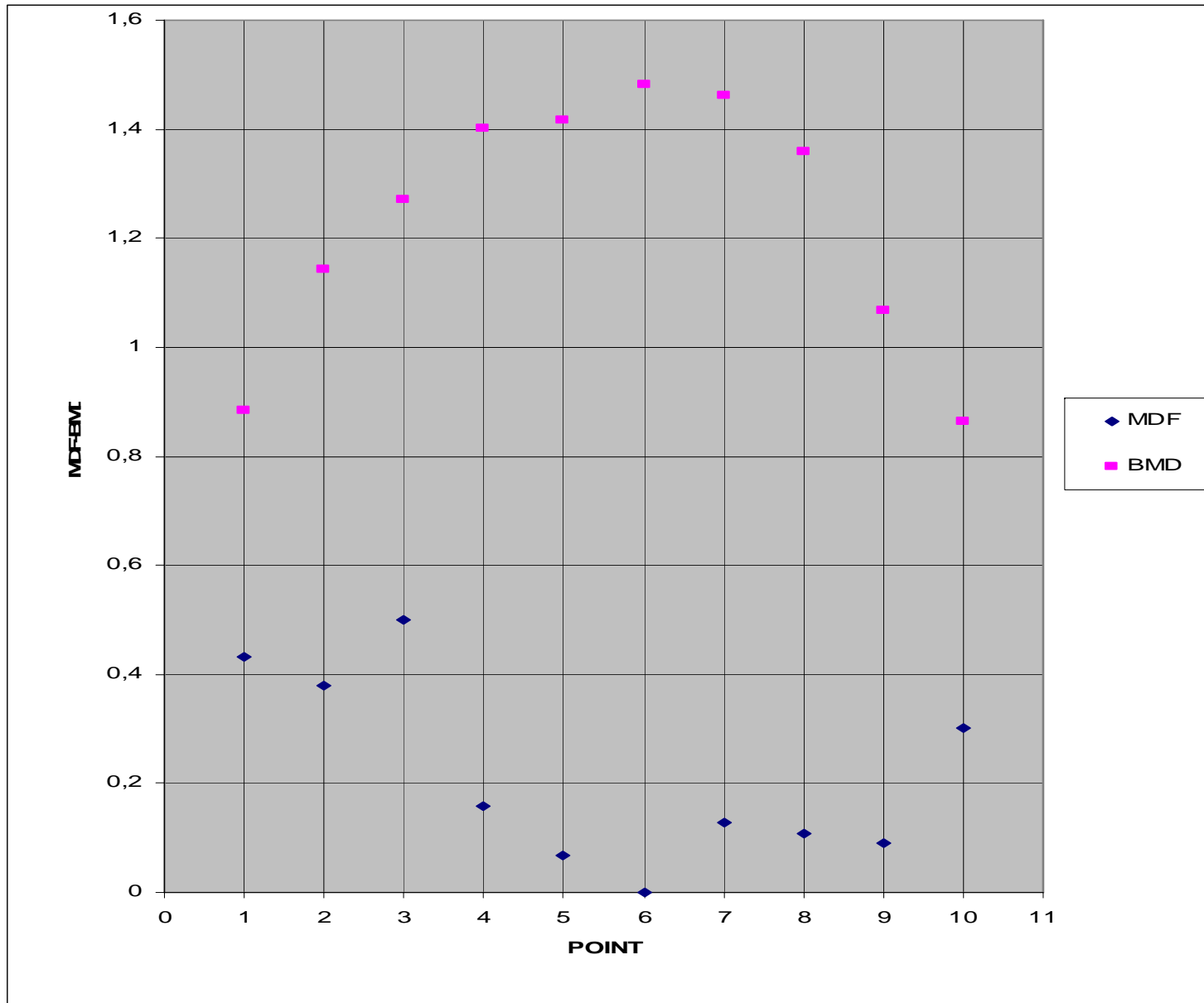
1. BMD (Bone Mineral Density) with DEXA
2. Modal Damping Factor (MDF)



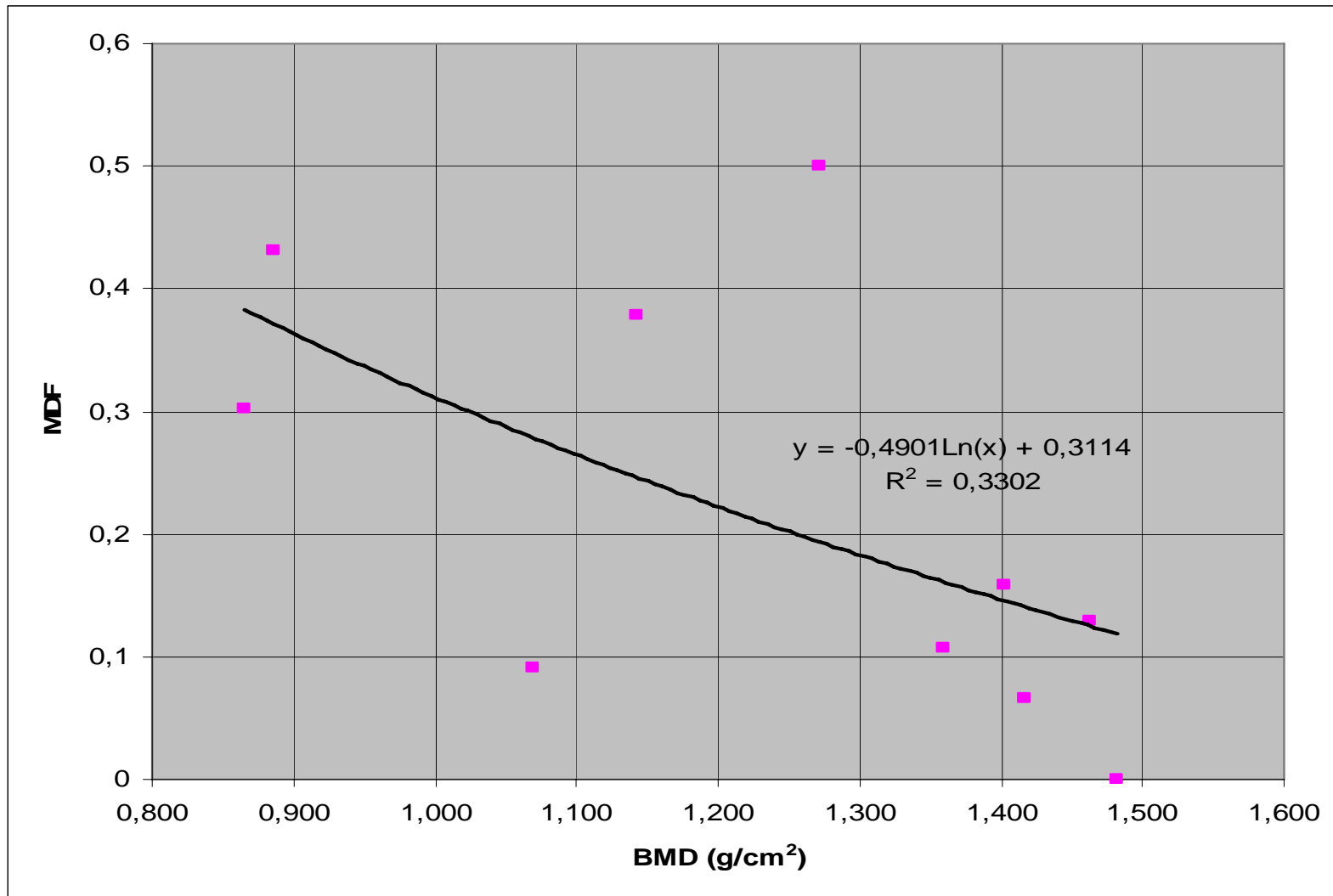
Experimental device for measurement of damping



Triggering and measuring points



Average of measured MDF - BMD vs anatomic site of measurement



MDF – BMD (all mandibles)

## CONCLUSIONS

Change in damping depends on porosity

Increasing porosity leads to increase in damping

Damping - Porosity Positive Correlation

Comparison of measured MDF - DEXA reinforce the potential to build assessment tool for use in the process of placement of dental implant

# **METHODOLOGY FOR OBJECTIVE ASSESSEMENT OF MECHANICAL PROPERTIES OF PROSTATE GLAND**

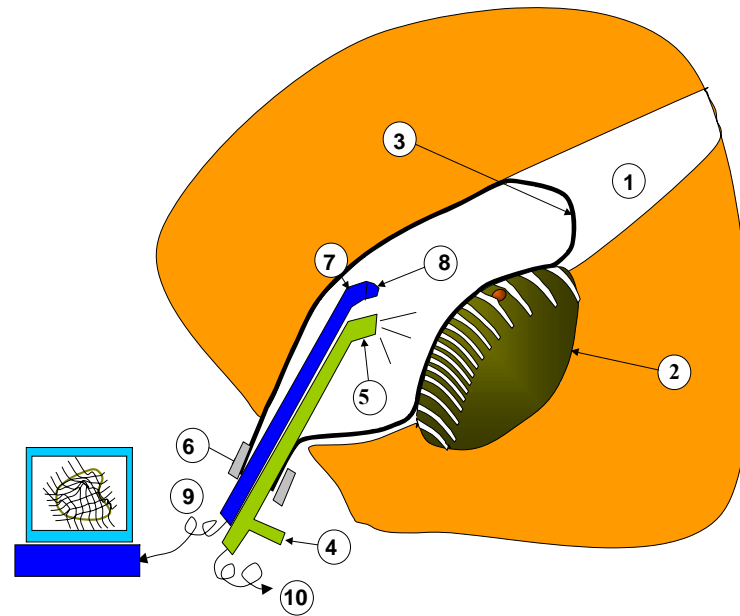
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**DIMITRIOS HATZIHRISTOU**  
UROLOGY CLINIC  
MEDICAL DEPARTMENT  
ARISTOTLE UNIVERSITY SALONICA

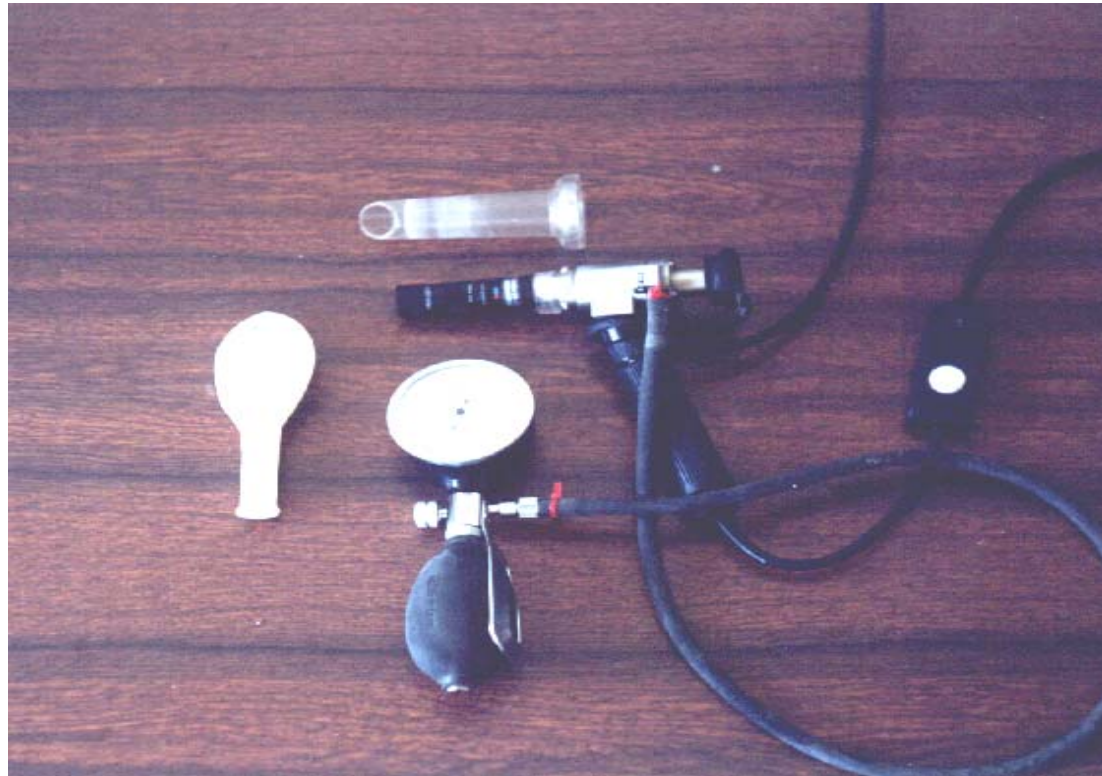
Designed and Developed:  
simple – accurate - repetitive  
method  
for  
geometric and stiffness mapping of prostate gland  
with the aid of compressed under control air  
chamber and endoscope  
for the qualitative and quantitative assessment of  
the mechanical properties of the prostate gland in  
vivo

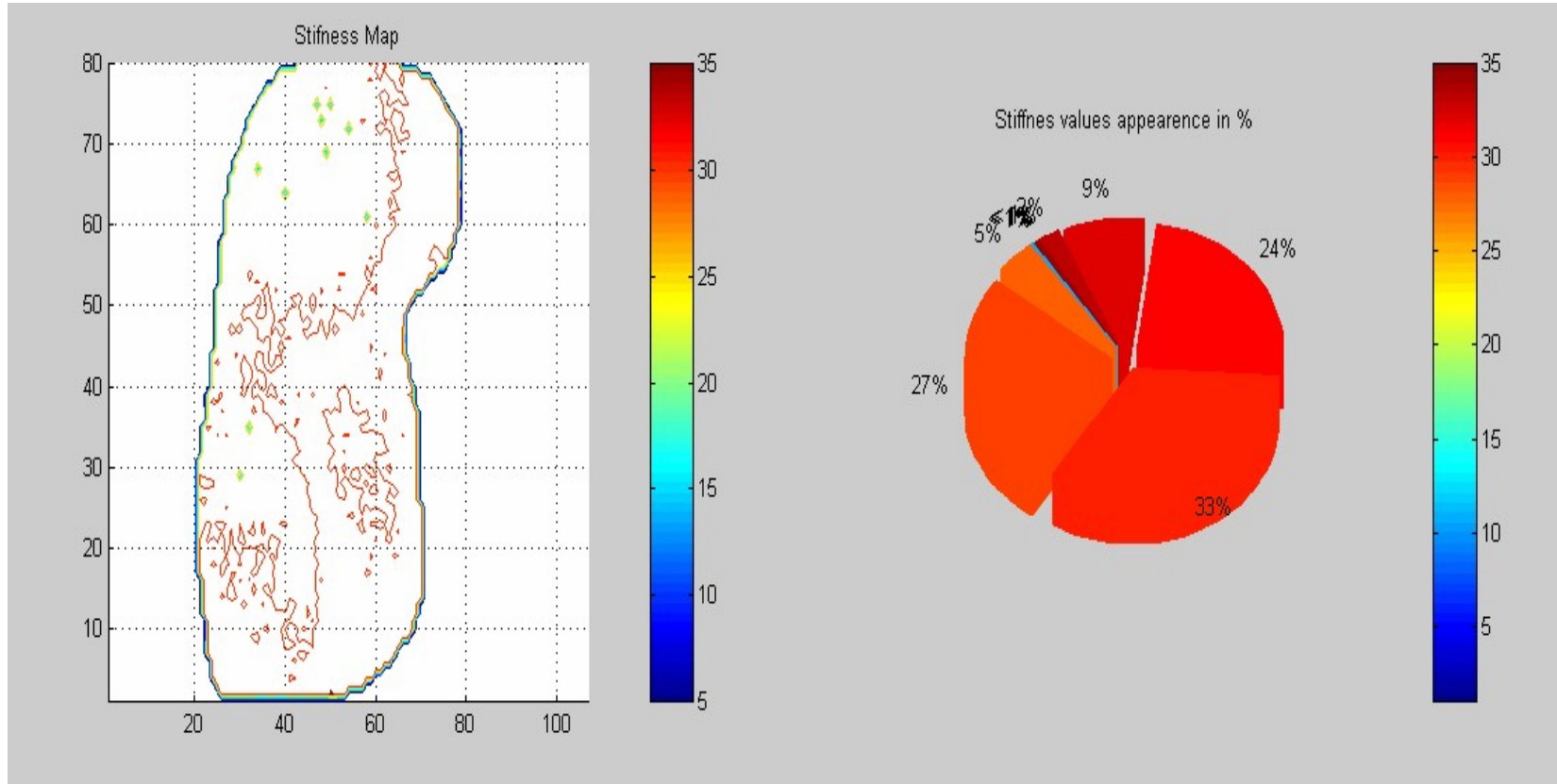


# Functional idea of transducer



# DEVICE





**GEOMETRIC REPRESENTATION  
CALCULATION AND DISTRIBUTION OF STIFFNESS (in vivo)**

# MEASUREMENTS - ASSESSMENT

Clinical study on humans in vivo:

Simultaneous measurements and assessment with:

Proposed method

Conventional methods (digital rectal examination, PSA, U/S/, biopsy)

In comparison to conventional methods the proposed method is:

Objective

Enables for creation of testing files for future comparisons

Conventional methods are subjective and non accurate

Non invasive due to minor disturb of the prostate

Extremely low cost in comparison to conventional methods

(i.e. U/S, biopsy).

## **Biotargeting network ?**

**Osteoporosis machine** (Panayotopoulos – Karamanos - Kontoyannis)

Next collaboration step: proposal submission in the frame of THALIS (Osteoporosis – Osteoarthritis) (Karamanos – Vynios – Kostopoulos)

**Mandible machine** (Kontoyannis)

**Please think loudly in front of us**

**Most probably we'll come up with a solution to the  
needs of medicine!!!**